

VILLAGE FIELD CLUB 2011 DOLPHINS SWIM TEAM

- What is it? A competitive swim team for swimmers ages 6-18. We compete against other pools in meets both home and away. This year we will have six meets; most of the meets are held on either Monday/Thursday evenings.
- When is it? **PLEASE LOOK FOR EMAIL UPDATES AND CHECK THE WEBSITE**
<http://www.villagefieldclub.com/swim-team>
Until school is out: M-F 5-6p swimmers 10 & U
M-F 6-7p swimmers 11 & older
After June 6: M-F 7:15-8:45 swimmers 11 & older
M-F 8:45-10:00 swimmers 10, 9 & 8
M-F 9:15-10:00 swimmers 7 & U
Makeup practices: M-T 5-6p for all age groups (starting June 7)
- Who? Any swimmer that is interested in being part of a great team should join. Swimmers must be able to swim the length of the pool repeatedly for an hour's time. Any new swimmer will need to attend the New Swimmer Evaluation on Tuesday, May 31, 4-4:45pm.
- Coaches? Meghan Crowley returns as Head Coach
Terry Crowley - Assistant Head Coach
Eddie Swierczwski - Assistant Coach
Michael Shapiro - Assistant Coach (Welcome our newest coach)
- Signup ? Registration will be held on Thursday, April 14, 2011 5-7p at The La Grange Park Village Hall.
- What do I bring? Registration Form filled out, printed/signed Code of Conduct, your swimmer, if trying on a team suit, your checkbook (you will write several checks; one for registration, one for the suit and gear, one for apparel you wish to buy and one for volunteer deposit), and your calendar. We are an ALL-VOLUNTEER organization, and all swim team families **MUST** volunteer. **<http://www.villagefieldclub.com/swim-team>**
- Swim suits? The 2011 suit is the same one from last year. The suit will be available to try on/purchase at registration, if your swimmer needs a new size.
- 2011 shirts? Our coaches has designed our team t-shirt this year! Purchase your own tshirt at registration! For 2011 a limited number of Spirit Shirts are available for parents to purchase at registration.

The VFC Swim Team's Mission is to provide swimmers with proper stroke technique, endurance conditioning, and team unity while developing sportsmanship skills and the ability to compete in summer meets.